

Coota Beach Triathlon 21st February 2010

Nomination Form

Team Nomination

Entry Fee \$30 per Team

\$15 Primary & Secondary Team

| | |
|---------------|--|
| Cyclist Name | |
| Date of Birth | |
| Phone | |

| | |
|---------------|--|
| Swimmers Name | |
| Date of Birth | |
| Phone | |

| | |
|---------------|--|
| Runners Name | |
| Date of Birth | |
| Phone | |

Please tick division

- Mens
- Womens
- Mixed
- Local Sporting Body Challenge
- Primary School Age Team
- Secondary School Age Team

Individual Nomination

Entry Fees-

\$5 Primary & Secondary Division

\$15 Men's & Women's Open Division

| | |
|------------------|--|
| Individuals Name | |
| Date of Birth | |
| Phone | |

Please tick division

- Primary -9 years up to & including year 6
- Secondary - in year 7 up to 16 years
(If you turn 17 before the end of 2010 you must enter open division)
- Open Women's - 16 at time of event up to & including 34 years
- Open Women's - 35 at time of event & Over
- Open Men's - 16 at time of event up to & including 34 years
- Open Men's - 35 at time of event & Over

IMPORTANT INFORMATION.

-All competitors must register before 7.15am 21st February 2010.

-Registration will take place from 6.30am at the registration area at the front of the Cootamundra town pool.

-RACE START TIME IS 7.30AM FOR PRIMARY & SECONDARY EVENT AND 8.15AM FOR TEAMS & INDIVIDUAL

-15 minutes prior to each race, there will be a briefing that will be held at the registration area. All competitors must attend this briefing.

-Intoxicated persons will not be allowed to take part in the event.

For the 2009 event we ask that you print out a nomination form and either deliver it to: The Cootamundra Visitor Information Centre at the Railway Station or post it to:
PO Box 195

COOTAMUNDRA NSW 2590.

Our aim is to get an idea of potential competitor numbers so that the event can be organised to run as smoothly as possible. Please do not send any money. Entry fee will be paid on the day of the event. You can still register on the day of the event but it would be extremely appreciated if you could send the form in advance.

ENTRANT/COMPETITOR DISCLAIMER FORM

PARTICIPANTS AGREEMENT (Must be signed by all entrants/competitors).

I agree to participate in the Cootamundra Shire Council Triathlon, which is being held on 21st February 2010 on the following basis:

By participating I accept all risks necessarily flowing from my participation, which would result in loss of life or any injury loss or damage. I release all people associated with the conduct of the Triathlon from, and will indemnify them against, all liability (including liability for their negligence) for all injury, loss or damage arising out of or connected with my participation in the Triathlon. For clarification, the people released include Cootamundra Shire Council, its employees, contractors, agents, event organisers, promoters, sponsors, volunteers, medical personnel and managers. This release and indemnity continues forever and binds heirs, executors, personal representatives and assigns.

I acknowledge the Triathlon involves the real risk of serious injury, or risk of death from various causes. I understand that I should not participate in the Triathlon unless I have prepared appropriately and am medically fit.

I certify that I am 18 years of age or older and I have read this document and fully understand it

IMPORTANT: Any competitor under the age of 18 years requires Declaration by Parent or Guardian as parent Guardian of the entrant/competitor. I agree the above for myself and on behalf of the entrant/competitor.

Competitor One

If under 18 years of age

Print Name.....

Name of Competitor (print).....

Signature.....

Name of Guardian (print).....

Date.....

Signature of Guardian.....

Date.....

Competitor One

If under 18 years of age

Print Name.....

Name of Competitor (print).....

Signature.....

Name of Guardian (print).....

Date.....

Signature of Guardian.....

Date.....

Competitor One

If under 18 years of age

Print Name.....

Name of Competitor (print).....

Signature.....

Name of Guardian (print).....

Date.....

Signature of Guardian.....

Date.....